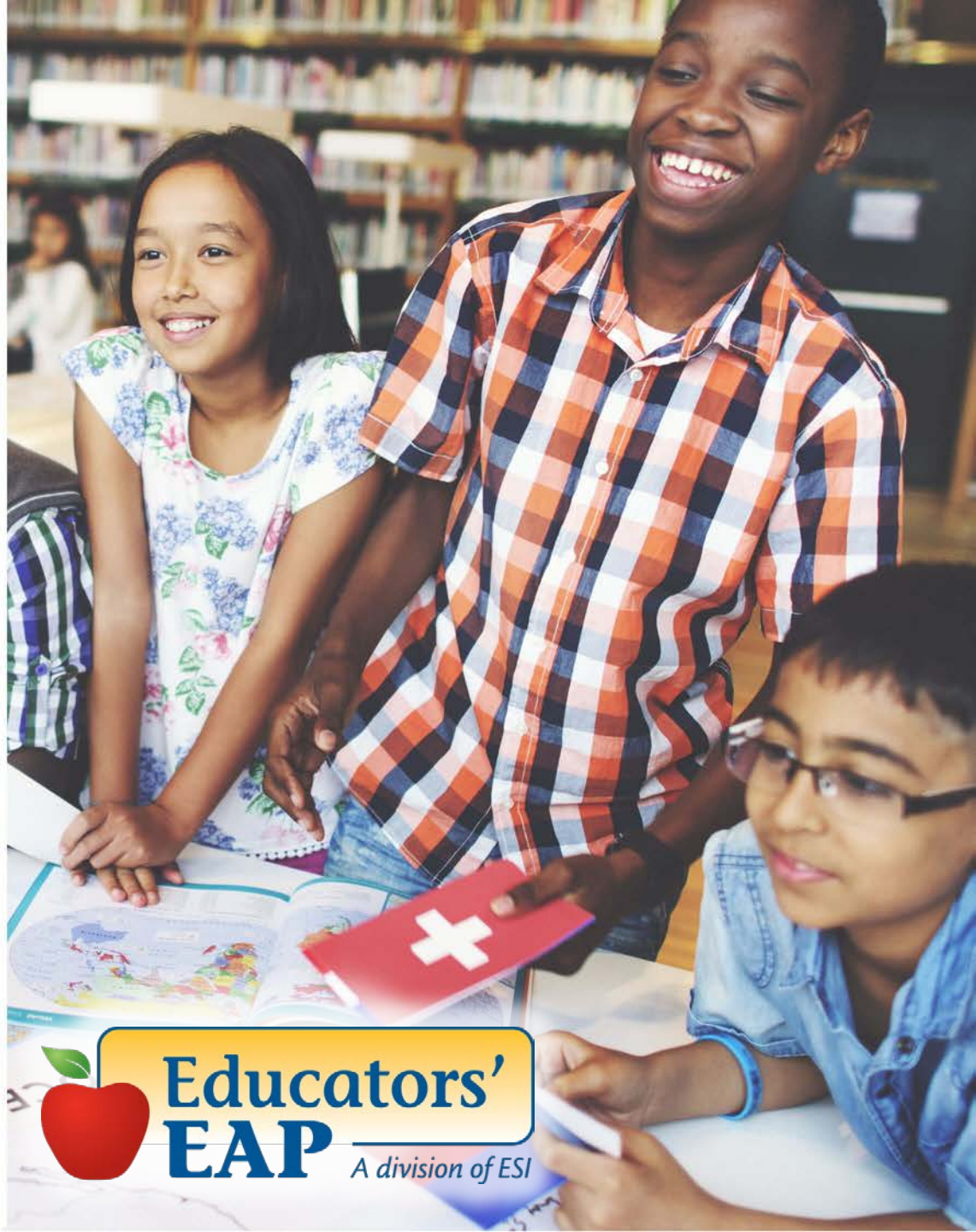


800-252-4555

www.EducatorsEAP.com

Your  
**Educators' EAP**  
Benefits



**Educators'**  
**EAP**

A division of ESI

## *It's a Fact!*



- In today's complex world, balancing work and life issues is more challenging than ever.
- Educators' EAP has over 30 years' experience helping our Members with life's challenges.
- Big or small, we can help!

# *Educators' EAP*

- Free, confidential, employer-provided benefit to assist employees and family members with:
- Counseling
- Peak Performance Coaching
- Resources and referral
- Consultation
- Training
- Information
- Solutions to address a full range of life issues



### PERSONAL

Personal Stress  
Anxiety  
Alcohol Abuse  
Drug Addiction  
Depression  
Medical Conditions  
Grief/Bereavement  
Gambling  
Weight Control  
Anger  
Chronic Pain/Illness

Eating Disorders  
Life Transitions  
Pregnancy/Post Partum  
Personal Trauma  
Sexual Concerns  
Domestic Violence  
Learning Disabilities  
Smoking  
Men's/Women's Issues  
Nutrition



### FAMILY & RELATIONSHIPS

Marital  
Parenting  
Caregiving  
Childcare  
Eldercare  
Education Planning  
Adoption  
Family Pets  
Special Needs Child  
Blended Families

Teen Issues  
Domestic Partners  
Physical Abuse  
Family Relocation  
Sandwich Generation  
Military Life/Separation  
Disaster Preparedness  
Communication  
Keeping Children Safe



### FINANCIAL & LEGAL

Debt  
Credit Card Issues  
Financial Loss  
Bankruptcy  
Budgeting  
Retirement Planning  
Wills & Trusts  
Real Estate Law  
Car Buying  
Immigration  
Divorce  
Civil Suits

Criminal Law  
DUI/DWI  
Landlords & Tenants  
Homeowner Concerns  
Taxes  
Insurance  
Consumer Law  
Contracts  
Personal Injury  
Child Custody  
Social Security



### WORK & CAREER

Parent Challenges  
Class Management  
Budget Cuts  
Work-Related Stress  
Coaching  
Supervisor Conflict  
Team Development  
Career Planning  
Management Skills  
Supervising Others

Student Issues  
Time Management  
Skills Development  
Project Management  
Motivating Self & Others  
Valuing Diversity  
Managing Change  
Cyber Safety for You  
Cyber Safety for Kids

# Educators' EAP Solutions:

- Ongoing Telephonic Counseling
- Face-to-face Counseling
- Work-Life Benefits
- Legal, Financial/Debt Services, Child and Elder Care Benefits, Personal Assistant, Adoption and Special Needs
- Peak Performance Coaching
- Personal and Professional Development – Online Training Center
- Self-Help Resources
- Wellness and Lifestyle Benefits
- Specialized Resource Centers





# Confidentiality

**All contacts and records are confidential – except when required by law to disclose:**

- Threats of Harm to Self or Others
- Child or Elder Abuse



## *Who's covered?*

- You & family members living in your home
- Dependent children up to the age of 26



# Telephonic Counseling

- Ongoing telephonic counseling
- 24/7 access to Masters and Ph.D. clinical counselors
- Counselors assess the issues you may be facing
- In-the-moment support and information
- Referral to appropriate local resources





## *Face-to-face Counseling*



- Our staff counselors provide a referral to a licensed counselor close to your home or work
- You and your family members are eligible for up to **3 face-to-face** sessions per issue per year
- Each caller is matched to the most appropriate provider
- Coordination with your health insurance provider if additional sessions are needed outside of the EAP model

# Legal Benefit

## Designed to help you with personal legal issues

- Wills, Traffic Violations, Divorce, Custody and more
- There is no charge for your initial phone consultation (up to 30 minutes)
- If you need to hire an attorney, the billable hourly rate is discounted by **25%**
- Entire legal library on the EAP website which includes: Will and Power of Attorney templates, contract samples and more
- The legal benefit is not available for issues related to employment or medical concerns



## *Financial & Debt Benefit*

- Budgeting
- Debt counseling
- Financial planning referrals
- Self-help resources on the Member site that include a collection of calculators, budget templates, financial forms and more



# *Child & Elder Care Benefit*

## **Child Care Referrals**

- Family Daycare, before and after school care, in-home nanny agencies and day camps

## **Elder Care Referrals**

- In-home care, day care and social programs, transportation, housing options and care managers



**Self-help resources on the Member site that includes a collection of locators, articles and tools**

# College Tuition Discount Benefit

**You and your family members can save 5% to 10% on degree and certificate programs at some of the nation's leading universities.**

- University of Notre Dame
- Morsani College of Medicine
- New England College
- Jacksonville University
- Michigan State University
- Villanova University
- Florida Tech
- University of Florida





# *Personal Assistant*

**Assists Members searching for local community resources and solutions**

- Scholarship and financial aid resources
- Real estate and rental issues
- Home-based service needs
- Support groups
- Summer camp options



## *Educators' EAP Specialized Benefits*

**Adoption:** An adoption counselor assists the Member through the various stages and types of adoptions.

**Special Needs:** Resource assistance for Members who have a child with special needs.



# Peak Performance Coaching

- ✓ Certified Personal Financial
- ✓ Balancing Life at Work and at Home
- ✓ Resilience
- ✓ Effective Communication
- ✓ Home Purchasing
- ✓ Certified Student Debt
- ✓ Yoga & Relaxation for Beginners
- ✓ Workplace Conflict
- ✓ Retirement
- ✓ Succeeding as a Supervisor



# Wellness Coaching

## Wellness Coaching includes:

- One-on-one coaching and counseling from an integrated team of coaches and clinicians
- Coaching for Fitness, Nutrition, Weight Loss, Stress, Tobacco Cessation and Drugs & Alcohol
- Frequent messages to create awareness of behavioral health risks



# *EAP Online Training Center*

**Personal Development** - Courses covering a variety of personal development topics

- **A few course titles:** Managing your 401k, Personal Financial Planning, Applying Emotional Intelligence in the Workplace and Developing Critical Thinking Skills in Children

**Sales and Customer Service** - Courses covering customer and sales development

- **A few course titles:** Building Strong Customer Relationships, Successful Negotiation and Basics of Effective Selling





# *EAP Online Training Center*

**Management Academy** - Courses covering virtually all key areas of regulatory compliance and management development

- The program is comprised of four training levels, each with numerous course offerings designed to assist supervisors, or employees looking to become a supervisor, in developing communication, performance and personal productivity skills
- A few course titles: Basics of Effective Communication, Valuing Diversity, Presentation Skills and Solving Problems as a Team



## *Personal Finance & Education Center*

**More than 200 online courses covering a wide range of money issues available at your convenience:**

- Financial basics - budgets, savings, debt, credit
- Financial planning for today and tomorrow's needs
- Goal setting & saving for the future: retirement, home buying, education
- Understanding and dealing with debt; getting out of debt
- Investing – stocks, bonds, funds, creating balanced portfolios and managing risk

## *Wellness Center and Lifestyle Benefits*

Includes information and tools covering diet, stress, smoking and fitness

### **Resources include:**

- Individual Health Risk Assessments
- Hundreds of articles and videos
- Training materials
- Discounted nutrition counseling, weight loss, fitness club memberships

# Self-Help Resources

## Entire online library of problem-solving resources:

- **Assessments:** Stress, mental health issues, financial fitness, cardiac risk, diabetes risk and well-being
- **Calculators:** Financial, tax-related, Social Security, insurance, debt, investing and more
- **Tools:** Legal templates, financial forms and more
- **Video Library:** Extensive library on medical problems, mental health, wellness, nutrition, parenting and more
- **Expert Articles:** Thousands of expert articles dealing with hundreds of issues; parenting, health and medical issues, legal matters and more



# *Educators' EAP Resource Centers*



## **Career and Education Resources**

This resource is intended to help parents and their children access some of the best online resources for career planning and exploration, finding and learning about colleges and other higher learning alternatives, and finding scholarship and financial aid resources.

## **Parenting Resource Center**

Parenting is the business of raising your children from infancy to adulthood. In our Parenting Resource Center, we've developed a list of links and resources on dozens of parenting topics.



# Educators' EAP Resource Centers

## Pet Help Resource Center

Nearly two-thirds of all U.S. households have a pet. We've compiled an online resource center that offers a centralized source for resources and help. It features links and articles on a variety of pet-related matters and you can even submit your pet questions.



## Resilience Journey Center

The Resilience Journey is a highly acclaimed program designed to take you on an enlightening journey to discover your life purpose while learning about the five core components of resilience. It includes more than **40 interactive exercises** aimed at deepening your understanding of resilience and the role that it plays in your life, as well as how to strengthen and maintain that resilience.

# *Educators' Specific EAP Resource Centers*

- **Resource centers for educators**
  - ✓ Budget Boosters: Money-Saving Tools & Tips for Schools
  - ✓ Bullies and Bullying
  - ✓ Parental Challenges
  - ✓ Social Networking for Educators
  - ✓ Cyber-Safety Resource Center
  - ✓ Managing the Classroom
  - ✓ Response to Intervention
- Content to help relieve the most common work stressors
- Centers cover areas ranging from parent and student issues to dealing with budget problems

## *Visit the EAP Website!*

[www.EducatorsEAP.com](http://www.EducatorsEAP.com)

- Learn About the EAP
- Thousands of Resources
- Download the EAP App





[EMPLOYER LOGIN →](#)

[EMPLOYEE LOGIN →](#)

## Educators' EAP

Educators' EAP is designed specifically for educators. We offer twice the number of solutions for personal problems and a targeted menu of benefits and resources addressing the unique professional issues they face. Our Peak Performance Benefits are redefining the EAP. We start with all the traditional EAP counseling services designed to address significant life problems and we add Work/Life benefits to address the everyday problems involved in juggling work and family. But that's not all. We go one step further to deliver benefits designed to enhance quality of life not just for your employees and their family members, but for managers and supervisors, too. And we help all employees to achieve their Peak Performance best through training, coaching and wellness.

Check the topics below to learn more.



TotalCare EAP  
Public Safety EAP  
Educators' EAP  
Higher Ed EAP  
HealthCare EAP  
Union AP  
TotalCare Wellness

## More benefits for employees.

En Español

### Member login:

To use the Member site, you must CREATE your own personalized Username and Password.

To create your own personalized account, REGISTER HERE.

If you need assistance or experience any problems, email us at [webmaster@theeap.com](mailto:webmaster@theeap.com) or call 800-535-4841, Monday - Friday, 8am - 5pm Eastern

Username:

Password:

Forgot your Username or Password?

[Sign In](#)

Contact Us or call 800-535-4841, Monday - Friday, 8am - 5pm Eastern



TotalCare EAP  
Public Safety EAP  
Educators' EAP  
Higher Ed EAP  
HealthCare EAP  
Union AP  
TotalCare Wellness

## More benefits for employees.

### Register

En Español

To register with us, please enter your **employer's name**. For example if you work for Generic Foods, enter *Generic Foods* in the form below.

Employer

Continue



Contact Us or call 800-535-4841, Monday - Friday, 8am - 5pm Eastern



TotalCare EAP  
Public Safety EAP  
Educators' EAP  
Higher Ed EAP  
HealthCare EAP  
Union AP  
TotalCare Wellness

More benefits for employees.

## Register

**Username:**

Note: your user name must be at least two characters long, start with a letter and be followed by only letters and numbers. No spaces.

**Password:**

**Verify password:**

Note: your password must be at least six characters long.

**First name:**

**Last name:**

**Email:**

Note: We will never sell or rent your email address to anyone. We value your privacy. See our privacy policy below.

**Secret question:**

**Secret answer:**



**NEWS ALERT**

Severe Winter Weather



Featured this month:  
**PERSONAL and  
PROFESSIONAL COACHING**

COACHING

ONLINE COLLEGE DISCOUNT BENEFIT

**Personal and Professional Training**

The ESI Training Center will help you develop or improve your business, management or interpersonal skills. Trainings are just one of the extra added-value benefits we offer to you and your family members. Best of all, there is no cost to you!



**Your EAP Orientation Video**

This short online Employee Orientation Video has been developed to give you a better idea on how to best use your free Employee Assistance Plan, (EAP).



Training Center



Resource Centers



Personal Finance & Education Center



Legal



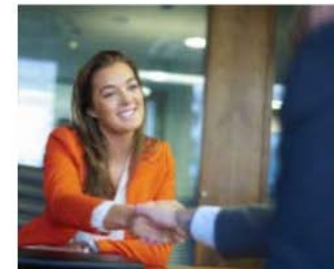
Emotional Wellbeing



Resilience Journey



Caregiver Resources



Work Life



download the app  
from the **app store**



## *IPHONE/ANDROID App*

- You can also access the web resources via the EAP App on your phone for both **ANDROID** and **APPLE**
- Simply visit the appropriate App store and Search “**ESI Employee Assistance**”



*It's That Easy!*



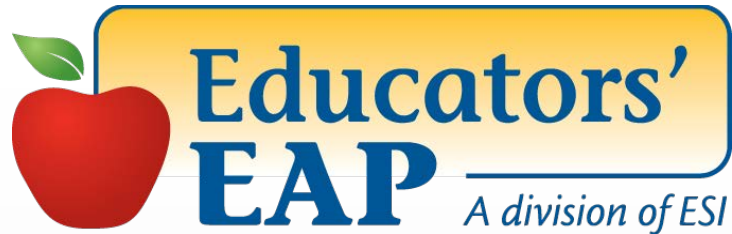
## *Let's Recap*

- Assisting you with Life's Problems and Distractions
- Helping You Take Advantage of Life's Opportunities
- Call anytime 24/7/365 optimum time is 8am – 8pm
- Employer-Provided Benefit
- No Cost to You and Immediate Family Members
- 24/7/365 Access
- Strictly Confidential
- **99%** Overall Member Satisfaction Rate!



# *Questions & Discussion*





***More Benefits for Employees.***

***More Services for Management.***

***Better Results than any other EAP.***

**800-252-4555**

**[www.EducatorsEAP.com](http://www.EducatorsEAP.com)**